

Welcome New Volunteers

Robin Hoover	HWY16
Leisa Hoover	HWY16
Norene Setzer	NTN
Ronald Bolick	NTN
Kevin McAlee	WHKY
Tina Lail	WHKY
Bob Gilliland	WHKY
Kelly Hershey	WHKY

Our Deepest Condolences

We express our sympathy to the families of the following meal recipients who recently passed away: Frances Hensley, Ray Houston, Richard Jackson, and John Kiziah.



Have a Blessed Easter!

We will be closed on Friday, March 25th in observance of Good Friday.

Little Leprechaun

**I'm a little leprechaun,
Short and fat.**

**Here is my shamrock,
Here is my hat.**

**If people try to catch me,
I will duck.**

The Irish say I bring good luck!



SAVE THE DATE

The annual Volunteer Appreciation Breakfast will be on Thursday, April 28, 2016 at J & S Cafeteria.
More details to come!

VOLUNTEERS NEEDED!!!



We have a critical need for volunteers in the West Hickory Area. If you would like to take flyers to place in your church or around the community, please give us a call at 828-695-5610.

If you would like for Vickie Redden to speak at your church or organization about Senior Nutrition Services and the need for volunteers, please call Vickie at 828-695-6598.



DON'T FORGET TO SPRING FORWARD!

Set your clocks ahead one hour at 2:00am on Sunday, March 13th.

Twice a year, when Daylight Savings Time begins or ends, make it a habit to not only change your clocks, but do a few other semi-annual tasks that will improve safety in your home. Replace batteries in smoke detectors, carbon monoxide alarms, and all flashlights.



**To strengthen, with dignity and respect,
the quality of life for all citizens through
supportive services and advocacy**

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Community Partner